

BIKE COURSE DIRECTIONS

1. Exit transition and go **RIGHT** onto New Rd. (main Park Rd.)
2. Turn **RT** onto Hughes Dr.
3. Turn **RT** onto Quakerbridge Rd.
4. Turn **RT** onto Village Rd. West
5. Turn **RT** onto S. Post Rd.
6. Turn **LEFT** onto Conover Rd.
7. Turn **LEFT** onto Edinburg/
Dutch Neck Rd.
8. Turn **RT** onto New Village Rd.
9. Turn **RT** onto Old Trenton Rd.
10. Turn **RT** onto Hughes Dr.

After 1st loop stay **STRAIGHT**
and repeat steps 3-10

After 2nd loop turn **RT** onto New Rd.
(main Park Rd.)

Dismount bike on New Rd. in front of
transition

